

Scripture Strengthens Us: Sheila Krygsheld

How do I improve scripture reading in my life?

1. Prayerfully read.
 - Speak God's Word back to Him.
Think about when you say something profound... you like to hear back what you say. God knows what he has said. Remind him!
2. Use a reading plan.
 - Look on YouVersion for a plan.
 - Do a google search for "Scripture Reading plans."
 - www.meganallenministries.com
Under Bible Studies she has a monthly topical reading plan.
 - www.proclaim365.com/biblein365
 - www.youtube.com/c/TheBibleRecap
3. Journal your reflections.
 - Use a blank notebook and write what you mine from scripture.
 - Apply what you learn to your life—dig into life situations and journal them.
 - Make charts and diagrams you'll understand when you go back.
4. Share with someone/join a group.
 - Ask someone to join you on the YouVersion app and do a study together.
 - Join a Bible study group at a church or one that a friend is a part of.
 - See if your church has groups outside of a Bible study. Participate! Community is important!
 - Learn from others.
5. Reflect and worship.
 - Listen to worship music.
 - Pray about your life through music.
 - Pray the words back to God (Tomlin is especially good at this).
 - Sing! God made your voice... use it back to him. He hears it as a sweet moment when you give whatever you have.
 - Don't be afraid to get emotional.
 - Reflecting through music can be a part of your journaling process.